



European Orienteering Championships 2024

2nd Official Training Camp – 04.04.2024.-09.04.2024.

BULLETIN

EOC2024 TRAINING CAMP #2 WITH

SPRING SPARTACUS CUP

4-9. APRIL 2024

Programme

The training camp will be organised around the Spring Spartacus Cup. All together 7 trainings are available, 1 with timekeeping (SI) and 6 only with tapes.

Map overview of the training areas: [LINK](#)

Transport and accomodation

It is still possible to book an accommodation at the official EOC accommodation, the Villapark Várgesztes.

No transport organised, we suggest using your own cars. Please strictly follow the possible routes to approach the terrains marked on the map, otherwise you and the organisers may be penalised.

In case you are looking for other runners to share car/accommodation with, please feel free to contact the organisers, we will put you in contact with each other!

Training information

Trainings with tapes only can be visited freely between 31.03.2024. and 09.04.2024.

Please note, that generally no night training is allowed! Sun sets around 19:20. If you wish to run a night training, please contact us!

The training with timekeeping is available only on the specific date and time.

Mass-start loops training 09/04: 3 loops starting and ending at the same place. Runners will be divided in smaller groups, start list will be sent to the runners a few days before the training. 1st mass-start at 10:00. Warm up maps available at the parking.



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Parking to Finish	1400 m / 80 m (same place)	2800 m / 50 m	700 m	0 m
		4000 m / 90 m	1200 m / 50 m	1500 m / 40 m
Parking to Start				
Parking	47.413805, 18.440688	47.443447, 18.390561	47.391247, 18.365890	47.413075, 18.289026
Course setting	Sárközy Zsófia	Liszka Krisztián	Divin Péter	Kálmán Erik
Course details	7,2 km / 505 m / 20 c	M: 5,8 km / 310 m / 23c W: 4,6 km / 210 m / 17 c	M: 11,9 km / 630 m / 17c W: 8,1 km / 450 m / 9 c	6 km / 265 m / 23 c
Courses	3 loops	MEN / WOMEN	MEN / WOMEN	1 course with possibilities for shortcut
Controls	SI+flags	tapes	tapes	tapes
Relevancy	Middle F, Long F	Relay	all	Middle Q, Relay
Map survey	2023	2024	2022-23	2022
Terrain	Kiskotló	Kápolnapuszta 2 / Csáki-vár	Kápolnapuszta 1	Szépvízér
Training type	Mass-start loops	Middle distance	Shortened long distance	Reduced map (contours)
Time	2024. 04. 09. 10:00			



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0 m	800m / 20m	150 m
1500 m / 60 m	1500m / 100m	300 m
47.413075, 18.289026	47.3914791,18.36639 15	47.369347, 18.432686
Klement Kelén	Ormay Mihály	Forrai Miklós / Forrai Gábor
8,8 km/ 350 m/ 28 c	5,3km / 380m / 50 c	M: 6,8 km/ 250 m/ 13c W: 5,5 km/ 230 m/12 c
1 course with possibilities for shortcut	1 course with possibilities for shortcut	MEN/ WOMEN
tapes	tapes	tapes
Middle Q, Relay	all	all
2022	2023	2021
Szépvízér	Kápolnapusztá 2	Gém-hegy
Long/ short legs	Controlpicking	One-man relay

Registration

Until 25. March 2024, by sending the Excel sheet available at [LINK](#) to training@eoc2024.hu

To avoid too many runners on the same map at the same time, an online sheet will be sent to each team after registration, which must be filled with your training plans. If the number of runners at a training at a specific date reaches 50 persons, another time must be chosen for the training. First comes-first serves! Thank you for your cooperation!

Payment

6 EUR /courses with tapes, 8 EUR / training with timekeeping

The invoices will be sent after the registration for the camp.



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Maps

For the training with timekeeping, you will receive your maps at the training.

You can pick up the bag with all other maps you have ordered at some trainings, at the Villapark or in the village of Gánt, please contact us for details.

Additional trainings

If you want to add other trainings to your camp, we recommend using our courses with permanent controls or plan a training on your own. For further information please visit <https://eoc2024.hu/index.php/individual-trainings/>

61st Spring Spartacus Cup – Central European Youth Orienteering Cup

5-7. April 2024 – Öreg-Kotló

More information: [LINK](#)

Sprint Trial

4. April 2024 – Tatabánya

World Ranking Event, 1st round of the hungarian Sprint Trial series, with high level sprint courses.

More information: [LINK](#)

With any questions, please contact Zsolia Sarközy, training@eoc2024.hu