



European Orienteering Championships 2024

2nd Official Training Camp – 04.04.2024.-09.04.2024.

INVITATION

EOC2024 TRAINING CAMP #2 WITH

SPRING SPARTACUS CUP

4-9. APRIL 2024

Programme

The training camp will be organised around the Spring Spartacus Cup. All together 7 trainings are available, 1 with timekeeping (SI) and 6 only with tapes.

Map overview of the training areas: [LINK](#)

Transport and accommodation

It is possible to book an accommodation to the official EOC accommodation, the [Villapark Várgesztes](#). For more information please write an e-mail to training@eoc2024.hu!

No transport organised, we suggest using your own cars. Please strictly follow the possible routes to approach the terrains marked on the map, otherwise you and the organisers may be penalised.

In case you are looking for other runners to share car/accommodation with, please feel free to contact the organisers, we will put you in contact with each other!

Training information

Trainings with tapes only can be visited freely between 04.04.2024. and 09.04.2024.

Courses with timekeeping are available only on the specific date and time.

Please note, that no night training is allowed! Sun sets around 19:20.



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Time	Training type	Terrain	Map survey	Relevancy	Controls	Courses
2024. 04. 09. 10:00	Mass-start loops	Kiskotló	2023 (Lidar)	Middle F, Long F	SI+flags	3-4 loops
	Middle distance	Kőhányás 3	2024 (Lidar)	Relay	tapes	MEN/ WOMEN
	Shortened long distance	Kápolna- puszta 1	2022-23 (Lidar)	all	tapes	MEN/ WOMEN
	Reduced map (contours)	Szépvízér	2022 (Lidar)	Middle Q, Relay	tapes	1 course with possibilities for shortcut
	Long/ short legs	Szépvízér	2022 (Lidar)	Middle Q, Relay	tapes	1 course with possibilities for shortcut
	Controlpicking	Kápolna- puszta 2	2023 (Lidar)	all	tapes	1 course with possibilities for shortcut
	One-man relay	Gém-hegy	2021 (Lidar)	all	tapes	1 course with possibilities for shortcut



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Registration

Until 25. March 2024, by sending the Excel sheet available at [LINK](#) to training@eoc2024.hu

Training fee

6 EUR /courses with tapes, 8 EUR /training with timekeeping

Additional trainings

If you want to add other trainings to your camp, we recommend using our courses with permanent controls or plan a training on your own. For further information please visit <https://eoc2024.hu/index.php/individual-trainings/>

61st Spring Spartacus Cup – Central European Youth Orienteering Cup

5-7. April 2024 – Öreg-Kotló.

The invitation can be found here: [LINK](#)

Sprint Trial

4. April 2024 – Tatabánya

1st round of the Hungarian Sprint Trial series, with high level sprint courses.

More information: [LINK](#)

Bulletin

Detailed bulletin for the training camp will be published 1 week prior to the camp.

With any questions, please contact Zsafia Sarközy, training@eoc2024.hu