



European Orienteering Championships 2024

1st Official Training Camp – 02.11.2023.-07.11.2023.

BULLETIN

EOC2024 TRAINING CAMP #1 WITH

AUTUMN SPARTACUS CUP

2-7. NOVEMBER 2023

Programme

The training camp will be organised around the Autumn Spartacus Cup. All together 8 trainings are available, 3 with timekeeping (SI) and 5 only with tapes.

Map overview of the training areas: [LINK](#)

Transport

Nothing organised, we suggest using your own cars. Please strictly follow the possible routes to approach the terrains marked on the map, otherwise you and the organisers may be penalised.

Training information

Trainings with tapes only can be visited freely between 02.11.2023. and 07.11.2023.

Courses with timekeeping are available only on the specific date and time.

Please note, that no night training is allowed! Sun sets around 16:20.

One-man-relay training 03/11: mass-start at 10:00 for men, 10:05 for women. Way to the start showed on a map at the parking.

Mass-start loops training 06/11: 1st mass-start at 10:00 for men, 10:05 for women. Warm up maps available at the parking. Mass-start on the 2nd and 3rd loop ca. 5 minutes after the first finish.

Shortened long distance training 06/11: free start between 13:30 at 14:30.



European Orienteering Championships 2024

1st Official Training Camp – 02.11.2023.-07.11.2023.

Time	Training type	Terrain	Map survey	Controls	Parking	P-Start	P-Finish	Courses
2023. 11. 3. 10:00	One-man relay	Kápolnapuszta 2	2023 (Lidar)	SI+flags	47.391874, 18.389469	1800 m	1800 m	7,2 km/300 m/18 c
2023. 11. 6. 10:00	Mass-start loops	Kiskotló	2023 (Lidar)	SI+flags	47.413967, 18.440817	1000 m /75 m	1300 m	3x 1,8-2,1 km loops
2023.1 1.6. 13:30- 14:30	Shortened long	Gém-hegy	2021-23 (Lidar)	SI+flags	47.387537, 18.386549	500 m /50 m	0 m	men: 9,9 km/320 m/16 c, women: 8,1 km/280 m/12 c
	Middle	Gém-hegy	2021-23 (Lidar)	tapes	47.369072, 18.433012	1200 m /20 m	100 m	men: 5,7 km/260 m/22 c, women: 5,1km/210 m/16 c
	Long/ short legs	Gém-hegy	2021-23 (Lidar)	tapes	47.387537, 18.386549	0 m	0 m	8,5 km/250 m/18 c
	Reduced map (contours)	Kápolnapuszta 2	2023 (Lidar)	tapes	47.391874, 18.389469	2000 m	2000 m	men: 6,8 km/410 m/16 c, women: 5,2 km/295 m/15 c
	Control-picking	Ingókő	2021 (Lidar)	tapes	47.222282, 18.536056	1,2 km /50 m	50 m	5,8 km/150 m/37 c
	Downhill loops	Ingókő	2021 (Lidar)	tapes	47.222282, 18.536056	1,7 km /100 m	900 m	4x2 km courses with 1 km/100 m to the start on each



European Orienteering Championships 2024

1st Official Training Camp – 02.11.2023.-07.11.2023.

Payment

6 EUR /courses with tapes, 8 EUR /training with timekeeping

If you need your invoice for any club or federation, please contact us!

Maps

For trainings with timekeeping, you will receive your maps at the training.

You can pick up the bag with all other maps you have ordered at some trainings, please contact us for details.

Additional trainings

If you want to add other trainings to your camp, we recommend using our courses with permanent controls or plan a training on your own. Please note, that training is not possible until 31. October 2023 due to hunting season! For further information please visit <https://eoc2024.hu/index.php/individual-trainings/>

With any questions, please contact Zsofia Sarközy, training@eoc2024.hu